

# Summer Safety KS3/4 Session 3 - Supporting Information

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We have produced a series of video lesson plans to support delivery of the Summer Safety sessions.

**PLEASE NOTE** - This video lesson plan should be used to support the delivery of a lesson facilitated by a member of staff.

## **How to use the video as part of a lesson / discussion**

When playing the video you will see the following pause symbol at key points in the video.



You should pause the video at this point and complete the activity stated in the video.

For this lesson the questions to discuss are:

### **1<sup>st</sup> Pause - Choice**

- Should be run as a short discussion with the whole group.
- We are just after their opinion on why it is included, an explainer is provided when the video restarts.

Key elements/prompts for facilitator to cover:

- Ask pupils:

*Why do you think this word is part of the system about recognising when we might be in an unsafe or risky situation?*

- Allow pupils to discuss and provide their opinions.

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## **2<sup>nd</sup> Pause - Control**

- Should be run as a short discussion with the whole group.
- We are just after their opinion on why it is included, an explainer is provided when the video restarts.

Key elements/prompts for facilitator to cover:

- Ask pupils:

*Why do you think this word is part of the system about recognising when we might be in an unsafe or risky situation?*

- Allow pupils to discuss and provide their opinions.

## **3<sup>rd</sup> Pause - Time Limit**

- Should be run as a short discussion with the whole group.
- We are just after their opinion on why it is included, an explainer is provided when the video restarts.

Key elements/prompts for facilitator to cover:

- Ask Pupils:

*Why do you think this word is part of the system about recognising when we might be in an unsafe or risky situation?*

- Allow pupils to discuss and provide their opinions.

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## **4<sup>th</sup> Pause - We are going to pause the video now and work on our plans.**

- Use the provided worksheet and encourage pupils to complete their own summer safety plan.

Key elements/prompts for facilitator to cover:

- The plans should cover the following key points, these are included on the worksheet:

- Want we plan to do over the summer
- Who we are going to do it with
- How we can stay safe
- Who can help me if I need support

- Ensure pupils recognise the importance of recognising if they feel unsafe and how Choice, Control and Time Limit can help.
- Revisit the skills and information provided in the sessions to help pupils develop their plans.
- Ensure pupils identify adults who can provide support to them.

## **End of Video**

The video ends by saying your teacher will now finish the session with you.

- You should encourage students to talk about the information presented in the video.
- Ask for any final clarifications or questions.

# WORKSHEET – Summer Safety Plan

**What we plan to do  
over the summer**

What do we plan to do....

**Who we are going to  
do it with**

Which friends will we be with...  
Who else may be there....

**How we can stay safe**

What can I do to stay safe....  
What have I learnt in these sessions which can  
help....

**Who can help me if I  
need support**

Who can help me if I'm in an unsafe or risky  
situation...  
Who can I talk to if I need to...